

# Wellness Interventions Support and Education Program (W.I.S.E. Program)



The W.I.S.E. Program works with students ages 8-13 from both the William R. Peck and Veritas Preparatory Middle Schools. A behavioral health clinician and case manager work together to connect students with positive, healthy community supports, including:

- Activities the Students Express Interest In
- Family Events
- Transportation to Program Events
- Homework Support
- Ways to Address Peer Pressure
- Building Social Skills
- Individual & Group Support
- And More!

The overall goal of the W.I.S.E. Program is to empower identified youth and their families to have confidence and skills to succeed.

This program is offered by River Valley Counseling Center at 303 Beech Street, Holyoke.

**For questions, please contact Glennice Ryan:  
(413) 377-6341 or [ryan\\_glennice@holyokehealth.com](mailto:ryan_glennice@holyokehealth.com)**



## River Valley Counseling Center

*A member of Valley Health Systems*

[www.rvcc-inc.org](http://www.rvcc-inc.org)